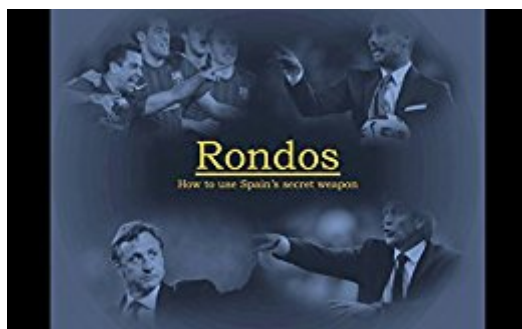


The book was found

Rondos & Positional Games: How To Use Spain's Secret Weapon



Synopsis

The definitive guide on how to understand and use Rondos! Pre order today This book will cover everything you need to know about Rondos from what they are to where they were created, and all the way through to how to relate these exercises to match situations to further your players understanding. Many coaches and teams use rondos currently but there is still a large amount of misinformation present when planning them into training sessions and especially when it comes to relating your training to matches. This book aims to provide the much needed level of detail and clarity for coaches of all levels, for teams of all ages. The book will cover - Possession style of play- Importance of using Rondos when using a possession style of play- Overloads (explanation & importance)- History of Rondos- Technical & Tactical benefits of using Rondos in your training sessions- How rondos relate to the 11v11 match- 50 Rondos & Positional games to use with your team along with full technical & tactical coaching points. The author of this book, Kieran Smith, is a UEFA A licensed coach with over 12 years experience of coaching at the Elite youth level across 4 countries. Kieran has studied the Spanish training methodology, which includes Rondos & Juego de Posicion, for over 8 years and was the first British coach to work at the highest youth level in Spain. If you use a possession style of play with your team, this book is a MUST BUY!!

Book Information

File Size: 2009 KB

Print Length: 64 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 16, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01KKYKQ90

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #310,209 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #40

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Customer Reviews

Before reading this book, I don't think I realized how important Rondos are to development of first touch. As the space is reduced and the time to make a decision is compressed, lack of a consistently great first touch is a killer. When I started doing these rondos with my U10 team, the biggest difference I saw was in the first touch of the players. It was an amazing transformation for some of them. The ones who were a little weak had to quickly get better simply due to the peer pressure of the other players. The ability to quickly make decisions (or to make them before the ball even arrives) combined with a great first touch transforms a young player. This is the way to do that.

This book really helped develop the concept of rondos as a positional game training tool. I've used rondos for years and not just as a time filler possession tool but this book really took them to another level. Clear explanations of the 1st, 2nd, and 3rd line passes and where they should be used; also why and how you use it to overload the defense and find another point of attack. 3rd man running concept. Great stuff.

Rondos of all kinds are detailed in this book that every coach should be using in training. Your mindset will change towards Rondos once you see all the variations including Positional Rondos. It's not just a fun warm up but an integral part of training intensely. Great for coaches on any level. Look for his new book in the future about Juego de Posicion (positional Play).

This book is one of my favorite coaching books I have purchased. A must for any coach that wants to work on their team playing a possession and attacking style while teaching players technical, tactical, physical and the mental components of the game. It offers an insight into what the Rondo really is, not just a 3v1 or 4v2 technical warm up but how it relates to the game tactically; and how the coach can incorporate the activities into their training plan and games. Fantastic stuff; this should be a staple for every team at every level.

Excellent summary of different rondos and how they relate to match objectives. Good progressions from small, tactical warm-up exercises to real match situations. Concise, easy to follow, and practical. One of the most useful books I've run across; I use the presented rondos to instruct Coaches and in player clinics.

Coach Kieran does an excellent job introducing rondos - putting them in context, and some basics of positional play in this book. Looking forward to his next book.

Solid book. The drills could be explained in a bit more detail. Helpful if you want to develop a possession team.

Great insite and very good examples. I would recommend this to any coach who uses rondos within their training content

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